

County of Buncombe

Proclamation

Parks and Recreation Month

Whereas parks and recreation are an integral part of communities throughout this country, including Buncombe County; and

Whereas parks and recreation promote health and wellness, improving the physical and mental health of people who utilize parks; and

Whereas through events like the Lake Julian Park campout and kids' fishing events, parks and recreation promote time spent in nature, which positively impacts mental health and well-being; and

Whereas parks and recreation encourage physical activities by providing space for popular sports, hiking trails, swimming pools, greenways, and many other activities designed to promote active lifestyles; and

Whereas parks and recreation programs and events are critical to social interaction and enhanced self-esteem; and

Whereas our parks and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors; and

Whereas the U.S. House of Representatives has designated July as Parks and Recreation Month; and

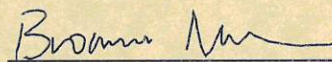
Whereas Buncombe County offers river parks, sports complexes, natural areas, for families and neighbors to gather, celebrate, and recreate; and

Whereas residents and visitors celebrate with Buncombe County Recreation Services each July and December with fireworks and the Festival of Lights; and

Whereas Buncombe County proudly partners with Special Olympics and celebrates our award-winning teams that competed recently at the state level, as well as our soccer team that earned the silver medal at the national competition; and

Whereas Buncombe County recognizes the benefits derived from parks and recreation resources.

Now therefore, be it resolved by the Buncombe County Board of Commissioners recognize July as **Parks and Recreation Month**.



Brownie Newman, Chairman
Buncombe County Board of Commissioners